

June 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2 LAST DAY OF SCHOOL	3	4	5	6
7	8 NIKE SPARQ SPEED CAMP 2PM-5PM @LBJ	9	10	11 CHRIS HOUSTON'S CELEBRITY B-BALL GAME	12 CHRIS HOUSTON'S FOOTBALL CAMP	13
14 SUMMER STRENGTH & CONDITIONING 9AM-11AM	15 SUMMER STRENGTH & CONDITIONING 9AM-11AM	16 SUMMER STRENGTH & CONDITIONING 9AM-11AM	17 SUMMER STRENGTH & CONDITIONING 9AM-11AM	18	19	20
21 SUMMER STRENGTH & CONDITIONING 9AM-11AM	22 SUMMER STRENGTH & CONDITIONING 9AM-11AM	23 SUMMER STRENGTH & CONDITIONING 9AM-11AM	24 SUMMER STRENGTH & CONDITIONING 9AM-11AM	25	26	27
28 SUMMER STRENGTH & CONDITIONING 9AM-11AM	29 SUMMER STRENGTH & CONDITIONING 9AM-11AM	30 SUMMER STRENGTH & CONDITIONING 9AM-11AM				

Lyndon Baines Johnson High School
 7309 Lazy Creek Drive
 Austin, TX. 78724
 Head Football Coach: Demo Odems



“Preparing today to conquer Tomorrow”

July 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 SUMMER STRENGTH & CONDITIONING 9AM-11AM	2	3	4
5 SUMMER STRENGTH & CONDITIONING 9AM-11AM	6 SUMMER STRENGTH & CONDITIONING 9AM-11AM	7 SUMMER STRENGTH & CONDITIONING 9AM-11AM	8 SUMMER STRENGTH & CONDITIONING 9AM-11AM	9	10	11
12 SUMMER STRENGTH & CONDITIONING 9AM-11AM	13 SUMMER STRENGTH & CONDITIONING 9AM-11AM	14 SUMMER STRENGTH & CONDITIONING 9AM-11AM	15 SUMMER STRENGTH & CONDITIONING 9AM-11AM	16	17	18
19 SUMMER STRENGTH & CONDITIONING 9AM-11AM	20 SUMMER STRENGTH & CONDITIONING 9AM-11AM	21 SUMMER STRENGTH & CONDITIONING 9AM-11AM	22 SUMMER STRENGTH & CONDITIONING 9AM-11AM	23	24	25
26	27	28	29	30	31	

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August 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2 1 ST PRACTICE 8-10:30 2 ND PRACTICE 12-2:00	3 3 RD PRACTICE 8-10:30 4 TH PRACTICE 12-2:00	4 5 TH PRACTICE 8-10:30 6 TH PRACTICE 12-2:00	5 7 TH PRACTICE 8-10:30 8 TH PRACTICE 12-2:00	6 9 TH PRACTICE 8-10:30 10 TH PRACTICE 12-2:00	7 11 TH PRACTICE PURPLE @ WHITE SCRIMMAGE TBA	8
9 12 TH PRACTICE 8-10:30 13 TH PRACTICE 12-2:00	10 14 TH PRACTICE 8-10:30 15 TH PRACTICE 12-2:00	11 16 TH PRACTICE 8-10:30 17 TH PRACTICE 12-2:00	12 18 TH PRACTICE 8-10:30 19 TH PRACTICE 12-2:00	13 20 TH PRACTICE 8-10:30 21 TH PRACTICE 12-2:00	14 SAN MARCOS SRIMMAGE @SAN MARCOS	15
16 23 TH PRACTICE 8-10:30 24 TH PRACTICE 12-2:00	17 25 TH PRACTICE 8-10:30 26 TH PRACTICE 12-2:00	18 27 TH PRACTICE 8-10:30 27 TH PRACTICE 12-2:00	19 DRIPPING SPRINGS SCRIMMAGE @HOUSE PARK 5:00	20	21	22
23 1 ST DAY OF SCHOOL	24	25	26	27 HUTTO @ NELSON 7:30	28	29

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